

Activity Idea

WALK LIKE AN ANIMAL MOVEMENT ACTIVITY

Recommended for Ages 3 – 7

Activity

Children love imitating animal sounds. Let's get them moving too! Choose 3-5 of your favorite animals and challenge your kids to imitate their movements.

Here are two different ways to do this activity.

1. Print out images or coloring sheets and tape them to the floor. Form separate lines for each animal using painter's tape, pillows, toys, or other furniture. Ask your child to walk back and forth the same way that animal might. You may need to demonstrate this for them too. Once they have finished walking like the animal, have them move on to the next line.
2. No printer, no problem. This activity works just as well if you call out the animals to your child. You can even show them a picture on your phone or from a book to make sure they know what animal you are naming. Optional: If you have more than one child playing, you may want to use pillows, toys, or other furniture to form separate lines for each of them.

Supplies

Enthusiasm

Printer paper (optional)

Tape (optional)