



Get Cooking with Chef José Andrés

Recommended for Adults

Chef José Andrés (born 1969) has heard the words "esta comida es deliciosa" many times in his life. Andrés, who was born in Mieres, Spain, has become an international ambassador of good food. He is responsible for introducing the Spanish style of tapas cuisine to the United States, where he now regularly hears customers say, "this is delicious food." In addition to operating such popular restaurants as minibar by José Andrés, é by José Andrés, and America Eats Tavern, Andrés has emerged as a celebrated humanitarian thanks to his efforts to aid the victims of natural disasters. (Gale in Context, Biography)

Books:

We Fed an Island by José Andrés (audiobook) on hoopla tinyurl.com/r4znesc

How to Be A Conscious Eater by Sophie Egan on Hoopla tinyurl.com/wcql7az

Meal Planning by Andrea Griffin on Hoopla tinyurl.com/wr6etnr

The Tuesday Taco Cookbook by Laura Fuentes on Hoopla tinyurl.com/s9jjzt4

Films:

Undiscovered Haiti with José Andrés on Kanopy tinyurl.com/uwfvjt2

Into the Mind of a Chef on Kanopy tinyurl.com/r2kxt6a

Powerful Micronutrients – Cooking with Color on Kanopy tinyurl.com/vkwom8l

Online Courses:

Luscious, Low-Fat, Lightning-Quick Meals on Gale Courses tinyurl.com/vh2zuza

Online Resources:

Free recipes courtesy of AARP tinyurl.com/ybpea8m9

Free recipes by José Andrés tinyurl.com/r62yghp

Magazines:

Checkout our collection of cooking magazines on RB Digital tinyurl.com/snwhov3

Spark an Idea:

Try one of these recipes and share a picture of your delicious creation on social media – tag us @LACountyLibrary