

# UNITED AGAINST HATE



LA VS HATE UNITED AGAINST HATE WEEK  
**11.13** SUNDAY - **11.19** SATURDAY



**LA COUNTY**  
LIBRARY

Recommended for ages 8+

# CONNECTING WITH CULTURE

Culture can be described as the way that people live and all of the things that make up their life like the food they eat, the clothes they wear, the language they speak, and the music they listen to. Everyone has their own culture based on things like where their families are from, their traditions, and where they live.

Fill the treasure box below with your answers to these questions:

- Draw/write the symbols or objects that describe your cultural identity or ethnicity.
- What are some of your family traditions?
- What are some of your favorite foods?
- What types of food does your family cook to celebrate special occasions?
- What do you consider to be traditional music that your family listens to? Is there a type of dance or steps that you dance to this music?

If you'd like, share your treasure box with others as a way to stay connected to what you value and help others do the same!

Find a friend or family member and share what you have learned about your culture.



## REFLECTION QUESTION

Why are traditions important to you?

Think about someone you know from another culture, how are their traditions different from yours?

# MAP YOUR NEIGHBORHOOD

What words come to mind when you think about your neighborhood? Draw a map of your neighborhood that shows the streets, parks, landmarks, artwork, buildings, stores, animals and anything else important to you. Take a walk in your neighborhood and look closely at the places and things that surround you.

Fill in interesting, important, and favorite spots such as:

- The place you live
- Places your friends and family live
- Places important to your community like the playground, library, family-owned businesses or historic sites
- Places you are curious about



## REFLECTION QUESTION

When you think about “land” and “home”, which words or feelings do you think about or come to mind?

# WHAT'S IN YOUR MURAL?

A mural is a large painting that can be found on a wall or a ceiling and is usually seen in public places like the side of a building, a park, or a museum. Just like a normal painting, a mural can be made up of anything you want.

Imagine you are asked to create a mural to represent your community. Think about your favorite things that you see where you live and the things that make your neighborhood special. What kind of objects, people, heroes, popular places or buildings would you want to paint in your mural? What symbols, customs, colors, and messages would you want to add that might portray the hopes, dreams, hardships, and joys of your community?

Use the worksheet below to bring out your inner artist. Create a unique mural that includes all the above.



## REFLECTION QUESTION

Have you seen a mural or piece of art that connects with your identity? Your identity is how you see yourself, the things that make up who you are and the things that make you unique from everyone else. How does that mural or artwork make you feel?

# ***A WORLD WITHOUT HATE***

Now that you have become more familiar with what Culture is, what your neighborhood looks like and how to represent your community, let's imagine what a world without hate would be like. Use the next 4 pages, as well as your imagination, to tell the story of a world without hate.

Here are some sentences you can use to start writing your story;

—→ "In a world without hate, I would like to see more..."

—→ "In a world without hate, people would show kindness to each other by..."

—→ "In a world without hate, I will do my part to help people by..."



**“THE ONLY WAY  
TO CORRECTLY  
PREDICT THE  
FUTURE IS TO  
PAVE IT, IS TO  
BRAVE IT.”**

Amanda Gorman, 24  
Poet, Activist,  
+ LA Native

**“MY COMMUNITY IS A  
REFLECTION OF ME,  
AND I'M A REFLECTION  
OF MY COMMUNITY.”**

Edna Chavez, 21  
Activist  
+ LA Native





**“AS LONG AS YOU ARE  
CONVINCED YOU HAVE NEVER  
DONE ANYTHING, YOU CAN  
NEVER DO ANYTHING.”**

Malcolm X, Deceased,  
American-Muslim  
minister and human  
rights activist



# VIDEO RESOURCE LIST

Recommended for ages 12+

Below are selected videos from Explore Justice, an online video series designed to help unpack and examine the current and historical perspectives that shape social justice. These 5 videos correspond with the activities in this Zine.



## What is Culture?

Culture looks differently for each of us. This video identifies the different symbols, values/beliefs, and norms that make up our culture and how it influences our everyday life.



## What is Social Justice

From this video, you can understand how everyone's life experiences can be different from one another and how it's important to amplify and empower others whenever possible.



## AAPI Neighborhood Tour

This video will educate you on the history of several Asian, Los Angeles neighborhoods such as Chinatown, Japantown, and Koreatown. It will inspire ways to learn about your own neighborhood and the unique qualities it holds.



## Venice's Inclusive African American Roots

This video shares the unique and culturally rich planning for the Venice neighborhood. You will learn how people thrive when you extend opportunities and work to build an inclusive community.



## This Queer Muralist is Turning Her Art Into Activism

This video introduces you to a woman who uses murals to express her identity, her hopes and her frustrations. You will get a better understanding of how to put your own mural together and accurately display your message.





scan this code:

**TO CHECK OUT THESE BOOKS**

## **BOOK LIST**

Explore more about how to become an activist, what a world with more kindness looks like and other topics discussed in the activities with these fiction and nonfiction books, which can all be found in the LA County Library catalog at [LACountyLibrary.org](http://LACountyLibrary.org)



### **CHANNEL KINDNESS: STORIES OF KINDNESS AND COMMUNITY, Forward by Lady Gaga**

Meet young change makers who found their inner strength, who prevailed in the face of bullies, who started their own social movements, who decided to break through the mental health stigma and share how they felt, who created safe spaces for LGBTQ+ youth, and who have embraced kindness with every fiber of their being by helping others without the expectation of anything in return.



### **10 IDEAS TO SAVE THE WORLD WITH KINDNESS, Eleonora Fornasari**

Discover what it means to be kind, caring, and thoughtful. We can each be a force for good in everyday life if we remember that everyone and everything deserves kindness.



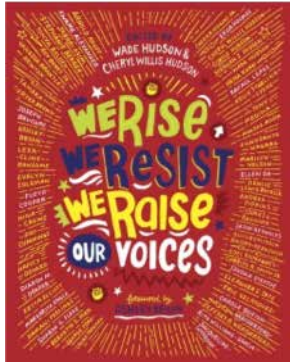
### **HOW I RESIST: ACTIVISM AND HOPE FOR A NEW GENERATION, Maureen Johnson**

Find hope and support through voices that are at turns personal, funny, irreverent, and instructive. This incredibly impactful collection will appeal to readers of all ages who are feeling adrift and looking for guidance.



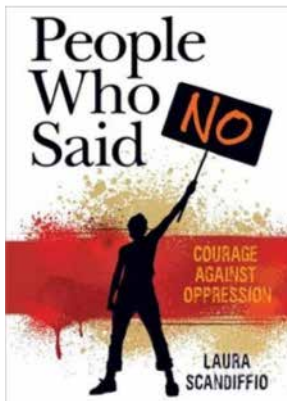
scan this code:

**TO CHECK OUT THESE BOOKS**



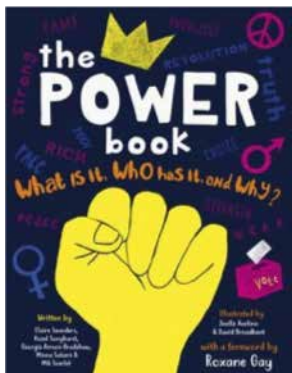
**WE RISE, WE RESIST, WE RAISE OUR VOICES,  
Wade Hudson and Cheryl Willis Hudson**

This collection of poems, letters, personal essays, and art from 50 diverse creators will inspire young readers to make the world a better place by standing up for what is right.



**PEOPLE WHO SAID NO: COURAGE AGAINST  
OPPRESSION, Laura Scandiffio**

Featuring historic activists who fought bravely to change unfair laws and defend human rights, this book will serve as an opportunity to have conversations about ethics and morality.






**THE POWER BOOK: WHAT IS IT, WHO HAS IT  
AND WHY?, Claire Saunders**

What does it mean to have power or privilege? And how can we acknowledge our own power and use it to make a positive difference in the world? This book explores different types of power and encourages readers to harness their power for the greater good.



Continue learning at Explore Justice, an online video series designed to help unpack and examine the current and historical perspectives that shape social justice. Dig deeper into the topic areas below that are most relevant to you.

Explore Justice covers three content areas:

-  Racial Justice explores institutional racism, specifically the historical context that perpetuates it, and how we can pursue racial equity through systems change.
-  Gender Justice is the idea that people of all genders deserve equal access to power, opportunities, and resources regardless of their biological sex or gender identity.
-  Cultural Equity is the concept that there exists a dominant narrative about society, the perception of groups of people within that society, and that these enabled structural oppression to exist - and that we must strive to change it.

In order to have the biggest impact, we hope that you will share Explore Justice with peers, colleagues, friends and family.

**Let's start exploring!**

**[211LA.ORG/EXPLORE-JUSTICE](https://211LA.ORG/EXPLORE-JUSTICE)**



**This Zine is brought to you by:**

