

UNWITTED AGAINST HATE

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YOUTH ACTIVISTS ACTIVITY BOOK



**Are you interested in seeing social change
in your school, neighborhood or city?**

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This activity book was made for young activists to learn more about LA County's LA vs Hate program and the Explore Justice online video series. It includes six coloring sheets and eight social justice books recommended by the LA County Library. Build commUNITY by sharing these resources with your friends, family and neighbors.



Recommended for ages 12+

What is LA vs HATE?

LA vs Hate is a program of the Los Angeles County Commission on Human Relations, one of the oldest civil rights organizations in the nation. LA vs Hate a community-driven approach to empower all residents of Los Angeles County to unite against, report, and resist hate. LA vs Hate also supports people and communities as they heal from the trauma of hate.

We are inspiring you to stand up to hate, build an understanding about what constitutes hate, and learn how to report hate to 211LA.

What is bias?

The belief that some people or ideas are better than others that usually results in treating people unfairly.

What is hate?

Hate is a hostile expression or action motivated by bias against a person's actual or perceived identity(ies).

Common expressions of hate:

- + Ableism - Hatred because of mental and/or physical differences
- + Ageism - Hatred because of age targeting young people and elders
- + Anti-Semitism - Hatred targeting Jews
- + Classism - Hatred because of financial resources targeting poor people
- + Heterosexism - Hatred because of nonconformity to heterosexuality
- + Homophobia - Hatred because of gay, lesbian, or bisexual identity
- + Islamophobia - Hatred targeting Muslims
- + Racism - Hatred targeting "people of color:" African-Americans, Latina/ os, Asian-Americans, Native Americans
- + Sexism - Hatred targeting women
- + Xenophobia - Hatred targeting immigrants

Examples of hate include:

- + Name-calling or insults
- + Bullying or cyberbullying
- + Distribution of materials with hate messages in public places
- + Posting hate material that does not result in property damage

Why should you report hate?

By tracking and reporting hate, we can ensure that resources are allocated appropriately, that those targeted by hate receive the support they need, and that together we can build respectful and resilient communities.

If you have been the victim of hate or bullying, LA vs Hate will support you.



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Wanna become an activist against hate?

Start your journey with this Explore Justice Video List

(Recommended for ages 12+)

Explore Justice is an online video series that LA vs Hate designed to help unpack and examine the current and historical perspectives that shape social justice. This list of recommended videos below address key concepts from Explore Justice. Once you watch these, feel free to explore more videos, resources, or take action. See the back cover for general information about Explore Justice.



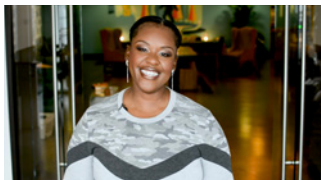
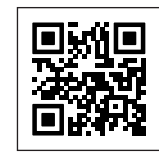
What is: Social Justice

From this video, you can learn how everyone's life experiences may be different from one another and how it's important to amplify and empower others whenever possible.



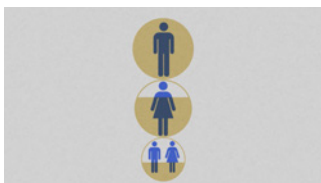
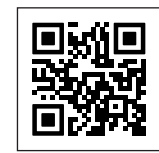
What is: Culture?

Culture looks different for each of us. This video identifies the symbols, values/beliefs, and norms that make up culture and how it influences our everyday life.



What is: Privilege & Oppression?

This video defines privilege and oppression and how they innately co-exist. You will hear about the types of privilege; earned and unearned, and how someone can experience both privilege and oppression simultaneously.



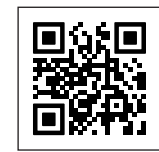
What is: Patriarchy?

This video defines the patriarchy and how it has shaped our lives, family structures, institutions including government, and work environments.



Billy Porter Gives A Brief History of Queer Political Action

This video shares significant moments in queer history, starting with the birth of the first gay rights organization in America in the 1920s and gives name to some of the most significant leaders in gay rights activism.



History of Native California

Learn the history of California through its first residents, the indigenous community. You will be introduced to the colonization cycle, the mission system, and the forced assimilation of the native people, along with how descendants are now sharing their ancestral knowledge through Native Studies programs.



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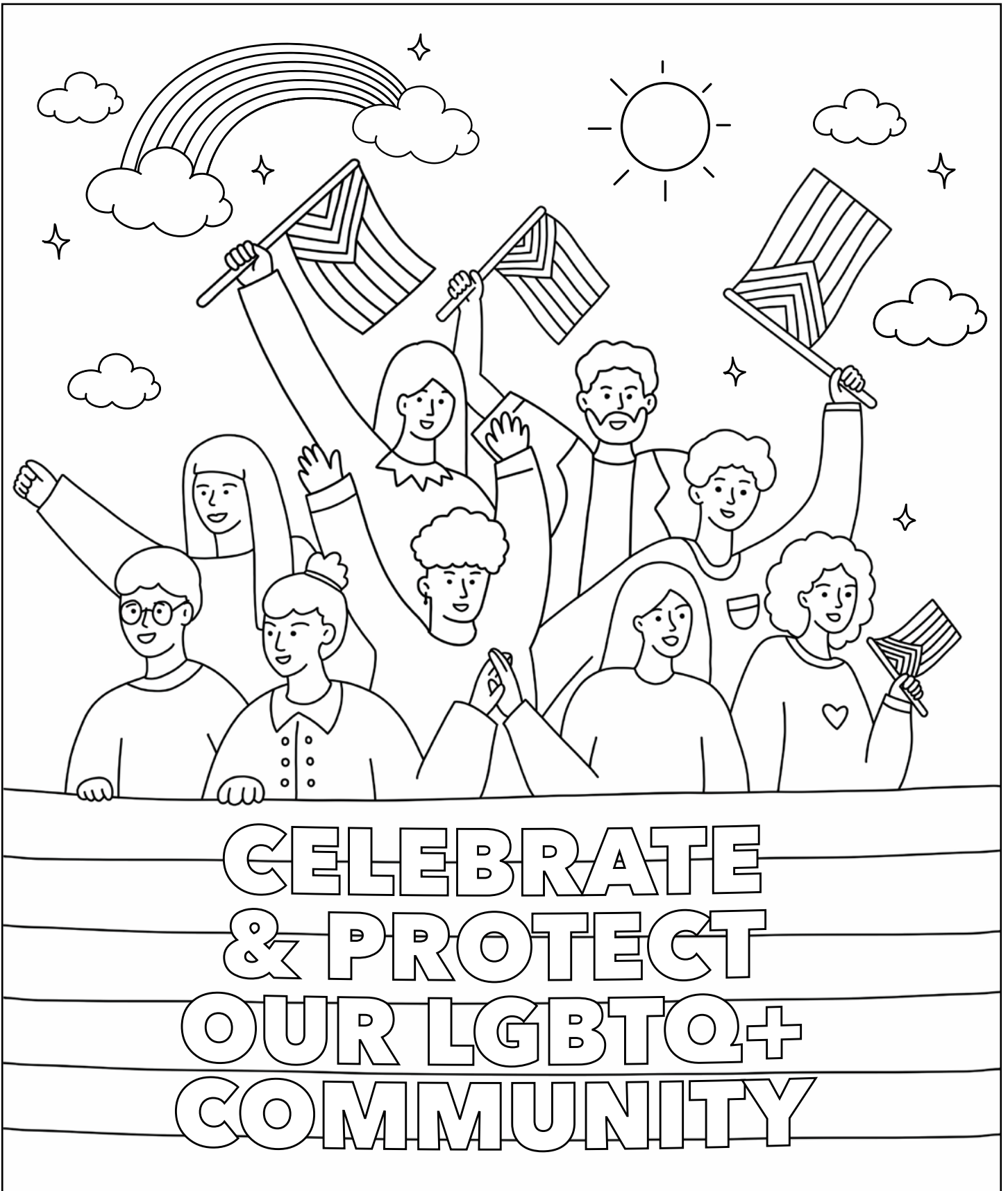


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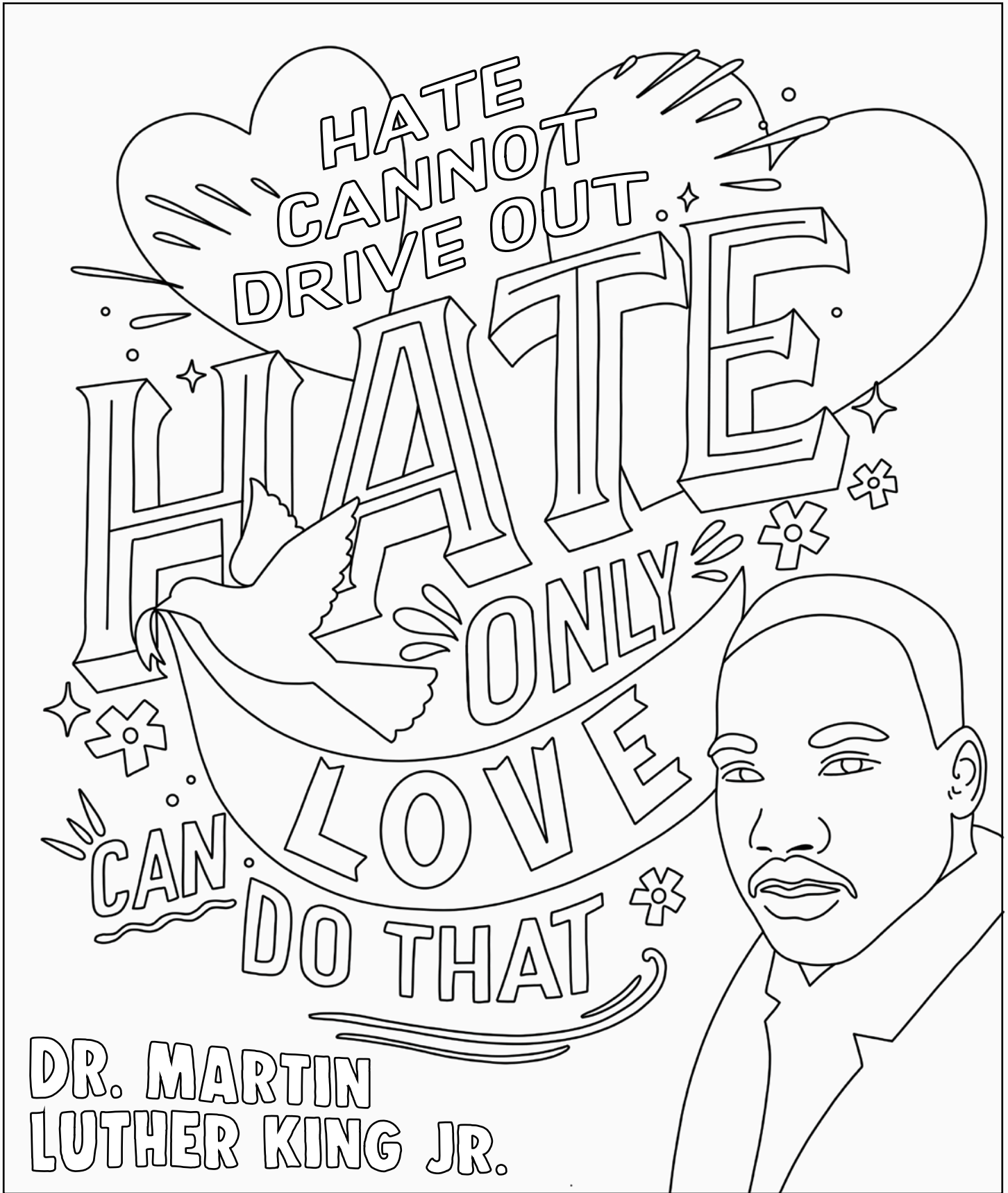
COMMUNITIES

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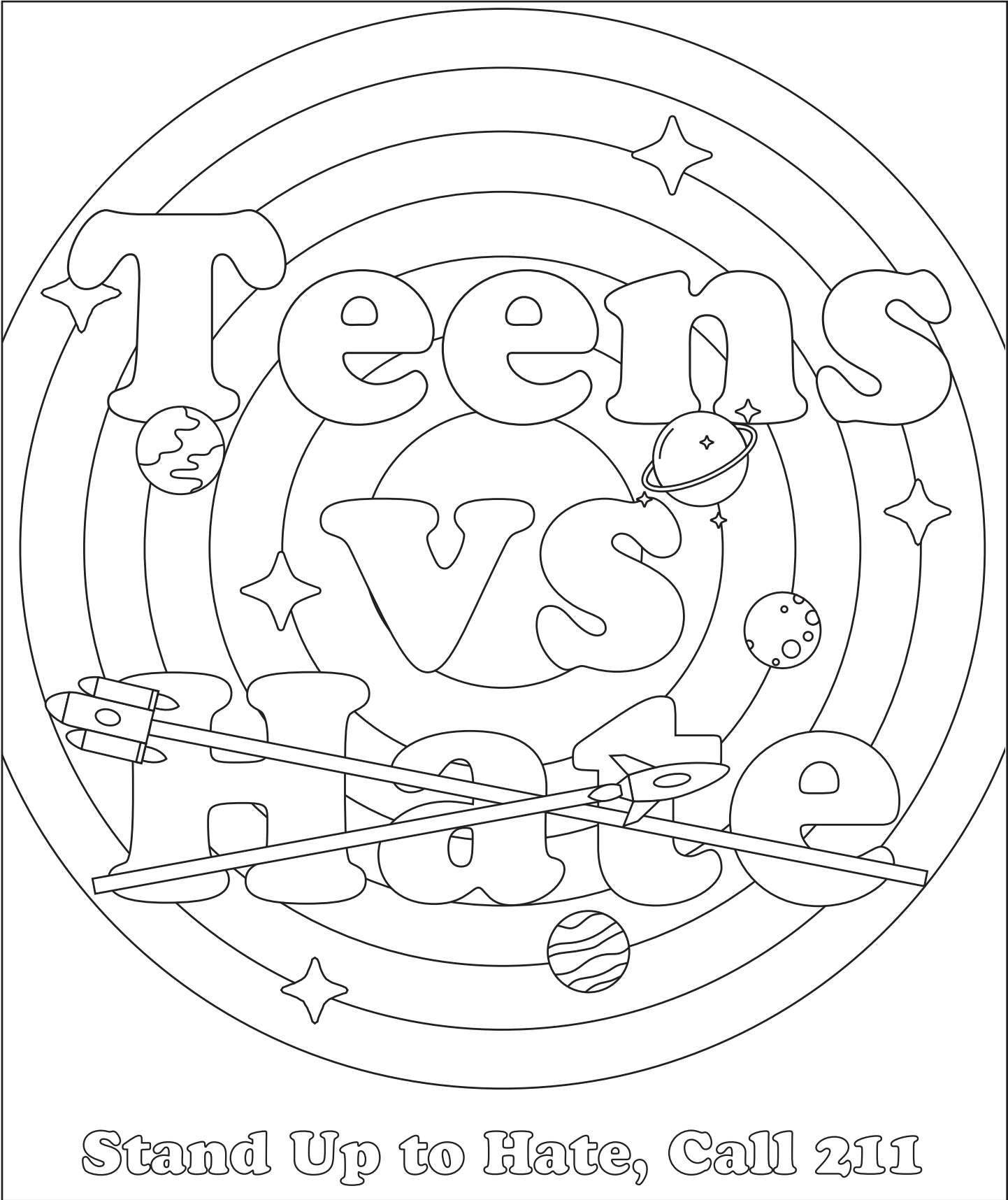
DR. MARTIN
LUTHER KING JR.

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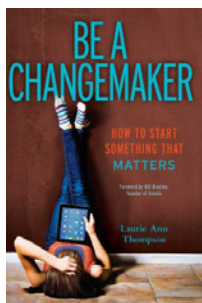


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TO CHECK OUT THESE BOOKS

BOOKLIST

Explore how to become an activist with these fiction and nonfiction books found in the LA County Library catalog at LACountyLibrary.org



Be a Changemaker

by Laurie Ann Thompson

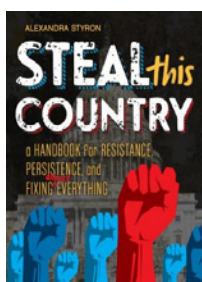
Empower yourself in today's highly connected, socially conscious world as you learn how to wield your passions, digital tools, and the principles of social entrepreneurship to affect real change in your schools, communities, and beyond.



Real Princesses Change the World

by Carrie A. Pearson and Dung Ho

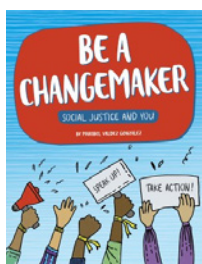
This picture book compiles biographies of eleven princesses, highlighting who they truly are: diplomats, engineers, activists, athletes, and so much more. It focuses on their achievements and contributions, situating them as active members in the global and local community. With stunning portraits done by the bestselling illustrator Dung Ho, Real Princesses Change the World showcases princesses in an empowering, feminist light that is both accessible and engaging for young readers.



Steal this Country

by Alexandra Styron

Styron's stirring call for resistance and citizen activism will be clearly heard by young people who know that the future of the planet is now. She dives into several key issues: climate change, racial justice, women's rights, LGBTQIA rights, immigration, religious understanding, and intersectionality. Each chapter includes a summary of key questions, interviews with movers and shakers, and spotlights on progressive organizations.



Be a Changemaker

by Maribel Valdez Gonzalez

What can you do when you know something is wrong? We're not always sure of the right thing to do. In this book, you'll learn about ways to speak up and step in when you recognize injustice in your community. With kid-friendly explanations of key ideas and relevant scenarios, this text will help young kids be changemakers in their community.

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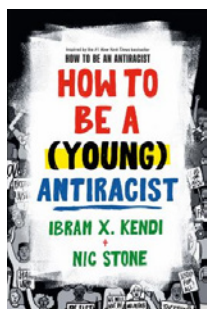


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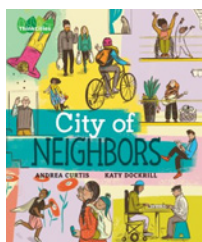
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How To Be a (Young) Antiracist

by Ibram X Kendi and Nic Stone

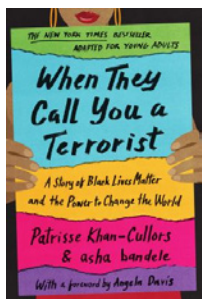
We can let racism stand, or we can stand against it. Readers will follow a young Kendi as he learns (and unlearns) lessons that help shape his understanding racism. Kendi's concept of antiracism reenergizes and reshapes the conversation about racial justice in America. Even more fundamentally, it points us toward liberating new ways of thinking about ourselves and each other. He asks us to think about what an antiracist society might look like, and how we can play an active role in building it.



City of Neighbors

by Andrea Curtis and Katy Dockrill

Neighborhoods where people look out for each other, eat together, make art and build community are healthier, happier, greener and cleaner. Journey around the world to discover how people have been dreaming up new ways to ensure their cities and neighborhoods are creative, inclusive and environmentally sustainable.



When They Call You a Terrorist

by Patrisse Khan-Cullors

Necessary and timely, 'When They Call You a Terrorist' reminds us that protest in the interest of the most vulnerable comes from love: that love is the push to search for justice for those victimized by the powerful. With journal entries, photos and notes that show the formation of an activist from a very young age, this meaningful, empowering account of survival, strength, and resilience seeks to change the culture that declares innocent Black life expendable.



White Bird

by R. J. Palacio and Erica S. Perl

Sara Blum lives an idyllic life with her adoring parents in Vichy France. But her world comes crashing down when the Nazi occupation separates the family and forces the young Jewish girl into hiding. Her classmate Julien and his family will risk everything to ensure her survival, and, together, Sara and Julien manage to find beauty.

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Continue learning at Explore Justice, an online video series designed to help unpack and examine the current and historical perspectives that shape social justice. Dig deeper into the topic areas below that are most relevant to you.

Explore Justice covers three content areas:

 Racial Justice explores institutional racism, specifically the historical context that perpetuates it, and how we can pursue racial equity through systems change.

 Gender Justice is the idea that people of all genders deserve equal access to power, opportunities, and resources regardless of their biological sex or gender identity.

 Cultural Equity is the concept that there exists a dominant narrative about society, the perception of groups of people within that society, and that these enabled structural oppression to exist - and that we must strive to change it.

In order to have the biggest impact, we hope that you will share Explore Justice with peers, colleagues, friends, and family.



211LA.ORG/EXPLORE-JUSTICE

This activity book is brought to you by:

