

Activity Idea

Flat Braid Friendship Bracelet

Recommended for Ages 8 - 18

Learn to make your own colorful bracelets of string or yarn. A fun activity for beginners.

You will need:

- Yarn or string of any color
- Tape

Instructions:

1. Decide whether you want your bracelet to be of one color or multiple colors. Start by cutting strands of embroidery floss or yarn at about 30 inches each. If you are using yarn, cut 3 strands. If you are using embroidery floss, cut at least 4 strands so it will be thick enough.
2. Grab all your strands together, fold in half and create a loop at the fold, make a knot around the loop to secure it. This loop will be your clasp.
3. Tape the loop to a flat surface.
4. Separate the strands into two groups, arranging the strands in a mirror-image pattern (outside strands the same color and so on, moving inwards).
5. Take one of the outer strands and move it towards the middle crossing over the other strands in the same group. It will now be the inner-most strand on the opposite side. Do the same for the other outer strand.
6. Continue moving all outer strands towards the opposite group, alternating sides, until your bracelet is complete.
7. Make sure to finish your bracelet with the same color strands you started so your pattern does not break at the end.
8. Grab all your strands and make a knot. Cut the remaining strands close to the knot.

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