

Activity Idea

Time Capsule

Recommended for Ages 5 – 8

You will need the following materials:

- Photos
- Letters
- Container
- Markers
- Glue
- Stickers

What is a time capsule?

A time capsule consists of a container filled with items like photos, newspapers, magazines, letters, a favorite toy, basically anything that you might want someone in the future to know about you and your life. This container is then hidden away to open sometime in the future.

Start by decorating your container. You can use markers, stickers, colored paper, or anything that you can find at home.

Now that you have your container, look for things to add. One example would be writing a letter to yourself. You can include in the letter what you want to be when you grow up, your favorite food, and what you love to do. Then, you can add the letter to the time capsule container. Make sure you check with your adult before you close your time capsule and hide it.

Once you are done filling your time capsule, hide the container somewhere safe and set a date to open it.