

Activity Idea

Vision Boards

Recommended for Ages 5 – 12

You will need the following materials:

Poster board, scissors, glue or tape, old magazines and newspapers.

How to Create a Vision Board

A Vision Board is a poster board filled with all your goals and dreams in life. Cut out pictures from magazines or newspapers that reflect those goals and dreams and paste or tape them on to your poster board. Decorate your Vision Board with stickers, glitter, colors and drawings that best reflect you.

Sample Questions to Ask Yourself When Making Your Vision Board:

1. Career: What do you want to be when you grow up?
2. Do you have a favorite hobby?
3. What makes you happy or makes you smile?
4. Name a place you'd like to visit or live someday.
5. Can you think of a person you admire? Who inspires you?
6. Is there someone you hope to meet someday?
7. How will you give back to your community when you get older?
8. Do you hope to go to college? What school do you want to attend?
9. What are your favorite books to read? What books do you want to read?
10. What is a new skill you'd like to learn? (play an instrument, try a new sport, etc.)

Once you are done, hang your Vision Board on your wall so you have a daily reminder to work hard every day to achieve your life goals. You can always add more to your vision board in the future as your dreams get bigger! Be creative and have fun designing your Vision Board!