

Activity Idea

ANIMAL RESCUE MISISON

Recommended for Ages 3+

Fine Motor Skills Practice

This activity will help your child work their fine motor skills and build imagination. It can be repeated using the same materials and creates no waste or mess.

Supplies Needed:

- Rubber bands
- Plastic toy animals (Fisher Price animals are a good gauge for size)

Instructions:

Start the activity by wrapping rubber bands around the plastic animals. Do not wrap the rubber bands too tight because you do not want them to snap. To make the activity more challenging use more than one rubber band on each animal. Wrap the rubber band between the animal's ears and legs.

Next challenge your child to rescue the animals and get the rubber bands off. Ask your child to narrate how they are rescuing the animals and how the animals got trapped. Be sure to watch the rubber bands so none get lost or swallowed.

Scissor Skills Practice

An alternate activity can be done to help children practice using scissors. This activity practices hand eye coordination, fine motor skills, and builds hand strength.

Supplies Needed:

- Plastic toy animals (Fisher Price animals are a good gauge for size)
- Paper strips
- Scissors
- Tape

To set up for the activity, cut strips of paper that are a variety of widths. Wrap the paper strips around the animals several times and tape the paper strips so they do not unravel. Make sure there is enough space between the animal and paper strips so your child can slip the scissors in.

Go over the rules of scissors, then challenge your child to rescue the animals and practice using scissors. Their task is to cut the strips of paper and free the animals.