

Activity Idea

MUFFIN TIN FUN

Recommended for Ages 1+

Fine Motor Skills Activity

This activity is easy to set up and helps develop fine motor skills, including grasping, balancing, putting balls in holes, and sorting. Toddlers learn by experimenting and exploring. Use materials you have at home and help them get ready for preschool.

Supplies Needed:

- Empty muffin tin
- Plastic balls or other toys that fit in the muffin tin
- Tape (optional)
- Basket or another muffin tin (option)

Instructions:

Setting up the activity is quick and easy! Most muffin tins make 12 muffins. Use 12 balls or other toys that will fit in the holes of the tin. Put one toy in each hole. To make the activity more challenging tape the toy to the muffin tin so the tape must be removed to grasp the toy.

Demonstrate the task for your child. After they remove each toy, have them place the toy in a separate muffin tin or basket. Practice vocabulary skills by naming and describing the objects they remove.