

# Books & Learning

## **GROWTH MINDSET FOR KIDS: WORK HARD, KEEP LEARNING, BUILD RESILIENCE**

*Recommended for Ages 5 - 8*

Having a growth mindset is powerful! Our brain power and abilities develop when we try hard things, use the right strategies, and, most importantly, don't give up. Here are some books and resources to help kids build a growth mindset.

### **Books**

[Emmanuel's Dream: the True Story of Emmanuel Ofose Yeboah](#) by Laurie Ann Thompson

[Your Fantastic Elastic Brain: Stretch it, Shape it](#) by JoAnn M. Deak

[Ruby's Wish](#) by Shirin Yim

### **Online Learning**

*Khan Academy: LearnStorm Growth Mindset Activities*

[khanacademy.org/partner-content/learnstorm-growth-mindset-activities-us](https://khanacademy.org/partner-content/learnstorm-growth-mindset-activities-us)

Fun and age-appropriate mindset activities for elementary, middle school, and high school students to learn the science behind the idea that people can learn anything.

### **Useful Websites**

*ClassDojo: Growth Mindset*

[ideas.classdojo.com/b/growth-mindset](https://ideas.classdojo.com/b/growth-mindset)

Videos created by ClassDojo and Stanford's PERTS Research Center highlight the power of having a growth mindset and how any child can learn this skill.

### **Podcasts**

*Dream Big*

[dreambigpodcast.com/episodes](https://dreambigpodcast.com/episodes)

Stories inspire kids to pursue their passions in life and make their dreams a reality.

*Good Night Stories for Rebel Girls*

[rebelgirls.com/pages/podcast](https://rebelgirls.com/pages/podcast)

Adapted from the best-selling book series by Elena Favilli and Francesca Cavallo, this podcast features real-life rebel girls who broke barriers to achieve their dreams.