

Books & Learning

GARDENING FOR KIDS & FAMILIES

Recommended for Ages 7 - 14

Do you want to plant a garden with your kids and make scientific connections with gardening too? These resources will get you started with gardening and growing your own food.

Books

[*Gardening Lab for Kids*](#) by Renata Fossen Brown

[*Square Foot Gardening with Kids*](#) by Mel Bartholomew

[*In a Garden*](#) by Tim McCanna

Free Online Courses

Universal Class: Vegetable Gardening 101

library.universalclass.com/i/librarycourse/vegetable-gardening-101.htm

This simple course will prepare you for growing vegetables right in your own backyard.

Streaming Videos from Kanopy

Curiosity Quest Goes Green: Backyard Composting

lacounty.kanopy.com/video/curiosity-quest-goes-green-backyard-composting

This fun, educational family program from PBS is dedicated to earth-friendly topics.

Useful Websites

KidsGardening.org

kidsgardening.org/garden-activities

Explore lots of fun gardening and nature activities for families to learn together.

Gardening to Enhance Early Childhood and Help Children Grow

eclkc.ohs.acf.hhs.gov/blog/gardening-enhance-early-childhood-help-children-grow

This resource for caregivers explains the reasons why gardening is important for children, with links to additional resources at the end.

Good Gardening Videos

goodgardeningvideos.org

This organization promotes evidence-based gardening videos on a variety of topics.