

Activity Idea

Composting Anywhere

Recommended for Adults

Composting is a process where organic material is decomposed to create a product that can help enrich nutrient-deprived soil. Yard clippings, vegetable scraps, used coffee grounds, and in some cases, even newspaper can be used in composting. Composting these items reduces the amount of waste that is sent to landfills that end up contributing to greenhouse gases. Home composting can be done in large pits in a backyard, bins outside of a home, or even in a large jar kept in an apartment kitchen. A maintained and monitored compost container should not smell bad or attract pests. Worms are used in some composting systems by helping to aerate and fertilize the organic matter. Nitrogen, magnesium, calcium, and phosphorus are only some of the nutrients created during the composting process. Composting is a way to reduce waste as well as create a natural fertilizer for your home garden.

Books:

The Complete Compost Gardening Guide on Hoopla <https://tinyurl.com/wk3gkob>

How To Build, Maintain, And Use A Compost System on Hoopla <https://tinyurl.com/sapi7ra>

Basic Composting on Overdrive <https://tinyurl.com/ufobko2>

Films:

Perfect Compost: A Master Class With Peter Proctor on Kanopy <https://tinyurl.com/s87rh25>

Backyard Composting on Kanopy <https://tinyurl.com/s7rf6gr>

Prepare Healthy Soil and Plant for Spring on Kanopy <https://tinyurl.com/rgae5j3>

Online Resources:

LA County Department of Public Works – Backyard Composting <https://tinyurl.com/txy8zj>

US Environmental Protection Agency - Composting at Home <https://tinyurl.com/gnsdnmm>

Spark an Idea!

Start a composting project of your own! Get the whole family involved and reduce waste in landfills and create fertilizer for your garden.

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Who needs a back yard, create a compost container for your apartment!