

# Activity Idea

## LET'S WASH OUR HANDS!

*Recommended for Ages 3+*

### **Materials:**

- How to Wash My Hands coloring sheet (next page)
- Crayons

### **Directions:**

1. Talk about when hands that look clean should be washed anyway (after visiting the bathroom, before eating, after blowing your nose, etc.).
2. Now it's your turn: Help your child learn how to wash their hands thoroughly (soap up and wash all sides and fingers) and then dry with a towel.

Have fun!



Name:

Date:

### How to Wash My Hands

Instructions: Color the pictures and number each one so they're in the right order.

