

Activity Idea

LET'S CREATE WITH COLOR!

Recommended for Ages 18 months – 6 years

To help your child develop vocabulary, narrative skills, and fine motor skills, talk with them as they work on their activity. Ask them questions about what they are doing, what colors they like, etc. You can also talk about what you are doing and creating if you do the art activity along with your child.

Shower Puff Painting

You will need the following materials: Large sheets of construction or craft paper (cut up brown paper bags work in a pinch); nylon shower puffs (available at dollar stores or grocery stores); washable tempera paint; pie pans or shallow bowls.



1) Line shallow containers with paper towels and pour in tempera paint. Set out large sheets of paper.

2) Let children dip a nylon puff into the paint and use it to paint all over the paper. Encourage them to try more than one color (but rinse out the puff before dipping into each new color). Have your child describe what they're doing, and what kind of picture they're making.

You can use old nylon shower puffs but disinfect them first by putting them in a bleach solution and letting them dry completely before using them for this activity.

Ziplock Painting

You will need the following materials: Large Tempera paint in different colors, sturdy Ziplock-type bags and tape.



1) Open the plastic bag and put 2 - 3 different colors of paint in it. Don't mix them.

2) Press the air out of the bag as much as possible and seal it. Tape the opening closed as well to ensure it does not open. Let your baby squish the bag and watch how the colors mix. Talk to your baby about what they are doing, and how the colors are changing.